

Some action at the V International Seminar of The Third Age



Exchange day of experiences

The V International Seminar for the Third Age wasn't confined to the walls of our main campus and it was broadcast live to Bulgaria.

Public Policies, climate change and environment were all the themes for the V International Seminar of the Sustainability



SECOND TIME IN HISTORY



Still in the morning, the pro-rector of Centro Universitário UDC, Professor PhD. Fábio Prado delivered to Professor PhD François Vellas from University of Toulouse the most honored gift that can be offered to a guest: the title of Honoris Causa. "This is the greatest title that UDC has already offered to someone and before Professor Vellas, only one other professor had received it", commented the pro-rector

After a busy afternoon at the Elderly Home, the schedule for the V International Seminar for the Third Age came back to the University, but still was not confined to the Main Campus walls at UDC.

One of the lectures of the Seminar was broadcast live through web to the Representative of The Third Age University in Bulgaria, Mr. Georgi Stankov, that forwarded the images to the AIUTA TV. Mr. Stankov was also interacting with the event by asking questions about the actions for the Third Age in Brazil.

Prof. PhD. François Vellas from University of Toulouse is the Scientific Director of the Program and the President of AIUTA - the International Association of the University of the Third Age and he addressed the actions done by AIUTA for the cultural tourism for the third age and also showed a video which promotes the World Senior Study Tours Tourism Congress, that will be held in the city of Yantai - China, next

24 to 26 of May and UDC will also be present among the participants. "In this event in China, we are going to pro-



Prof. Dr. Deborah Ariza



Lectures also in the University Center Unit
Vila A



V INTERNATIONAL SEMINAR FOR THE THIRD AGE

mote Foz do Iguaçu. Our idea is to bring people from there to spent two to three weeks here in Foz, participating in study tours and also sight-seeing" said the pro-rector of UDC Professor PhD. Fábio Prado. "Foz do Iguaçu is one of the most visited cities in Brazil and therefore it's important to develop a study tour targeting the third age. AIUTA in China has over seven million students and they are all candidates to come and visit the city", said François Vellas.

The last lecture of the morning session was with

Professor Carolina Ellwanger who spoke about the perception of the vulnerability of the senior citizens being analyzed by the Federal Constitution of Brazil, in order to make our society awa-

re that all minorities need protection. The very last lecture of the day was with professor Deborah Ariza who spoke about cardiovascular alterations due to Parkinson's disease.



The morning talks and the teleconference with Bulgaria took place in the University Center UDC Centro



Representative of the Association of Third Age Universities in Bulgaria, Georgi Stankov



Prof. Dr. Carolina Ellwanger

The X International Seminar on Sustainability

The X International Seminar on Sustainability at the Centro Universitário UDC in a partnership with the University of Toulouse - France and Acting For Life brought us a reflexion on various subjects involving public policies and environment.

The opening lecture had Professor PhD. François



Engineer Jessica Yuki de Lima Mito

Vellas talking about climate changes and the actions developed by the Acting for Life Program. Professor PhD. François Vellas is the Scientific Director of the Program and also the President of AIUTA - International Association of the Universities for the Third Age "It is very important to discuss all climate changes in the globe and



Master Engineer Emilene de Carvalho Lourenço

also the actions that Acting for life develops. Those changes are a global problem so we shall make this reflection and make all younger generation even more aware", said Professor Vellas. The second lecture was delivered by UDC's former student, now an environmental engineer Ms Luana do Pilar Machado, who pre-



Prof. PhD. François Vellas

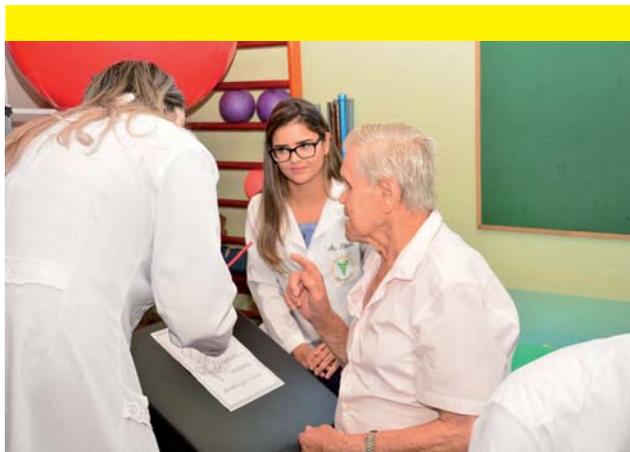
sented to the audience a very interesting lecture about Environmental Sanitation in Units of Conservation. "This is a very important theme to be discussed among younger students. Especially because the lack of sanitation brings so many social, environmental, financial and mainly health problems".

The undergraduate stu-

dents from many other programs also attended the lecture delivered by two other former UDC alumni the engineers Emilene de Carvalho Lourenço about sustainable development and MS Jessica Yuki de Lima Mito who spoke about renewable sources of energy and the biogas for generating electrical, thermal and automotive energy.



Environmental Engineering Luana do Pilar Machado



V International Seminar for the Third Age at the Elderly Home

The practical part of the V International Seminar for the Third Age at the Centro Universitário UDC took about 100 undergraduate students and faculty to the elderly home where they could all interact and exchange experiences with

each other. Some of the activities were: stretching exercises, board games, beauty transformation, gardening, memory games, nutritional evaluation, blood pressure measurements, and photography and storytelling workshops

among other fun activities. Professor PhD. François Vellas commented that this interaction and the exchange of experience among the students and senior citizens is a very rich one.

"Our Institution provides a good theoretical and sci-

entific base, but we need to achieve reality. Therefore we do lots of volunteer work with babies, young people and senior citizens. Our service goes beyond the mark of 4 thousand free appointments every semester and the Clinics of

Physiotherapy, Speech Therapy, Psychology and the Law Practice. Our objective is to show our students the importance of volunteering. We also try to integrate all community." Said the pro-rector Professor. PhD. Fábio Prado.





V INTERNATIONAL SEMINAR FOR THE THIRD AGE



THE X INTERNATIONAL SEMINAR ON SUSTAINABILITY



**ACTING
FOR LIFE**